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## Hi- Def Liposuction- My Technique

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## Abstract

In the 1983 meeting of the American Society of Plastic Surgeons, Yves-Gerard Illouz introduced his technique of fat aspiration. The term "Liposuction" was first used by Pierre Fournier when referring to his technique of using a syringe to remove fat and reintroduce it into specific areas to increase contour. Liposuction has come a long way from the early 1980s. High-definition (HD) liposuction combines traditional lipoplasty techniques with a more accurate understanding of how this relates to the natural musculature throughout the body. Modern techniques combine a myriad of methods, including: ultrasound-, power-, laser-, and manual-assisted liposuction; abdominal etching; as well as, radio frequency devices which have been shown to tighten the skin and yield more desirable and "smoother" results.

- The Renuvion® APR Handpiece is intended for the delivery of radiofrequency energy and/or helium plasma where coagulation/contraction of soft tissue is needed. Soft tissue includes subcutaneous tissue.
- The Renuvion APR Handpiece is intended for the coagulation of subcutaneous soft tissues following liposuction for aesthetic body contouring.
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